

LAKE BLUFF YOUTH BASEBALL ASSOCIATION SAFETY PLAN

The Lake Bluff Youth Baseball Association (LBYBA) will use concepts and safety guidelines established by the Center for Disease Control (CDC) and State of Illinois COVID-19 2020 Youth Sports Guidelines for all LBYBA events. The links for these guidelines can be found below:

- [CDC Guidelines](#)
- [State of IL COVID-19 Youth Sports Guidelines](#)

CRITERIA FOR PARTICIPATION IN LBYBA EVENTS

Participants must not exhibit any signs or symptoms of COVID-19 in the past 14 days and have no known exposure to someone that has been ill with COVID-19 in the past 14 days.

Session participation is optional; LBYBA is sensitive and accommodating to parents who may be uncomfortable about returning to play at this time.

HEALTH SCREENING

COVID-19 affects different people in different ways. Infected people have a wide range of reported symptoms – from mild to severe illness.

- Participants must not have above normal temperature readings; temperature checks must be done by families prior to attending every training session.
- All participants (player, parents, guardians, coaches) shall, within 2-hours of any event they or their player will attend, check themselves or their player for possible COVID-19 symptoms using the following guidelines:

In the past 24 hours, my participant or anyone within our household has not exhibited any of the following CDC-recognized symptoms of COVID-19:

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| ▪ Persistent cough | ▪ Headache |
| ▪ Shortness of breath or difficulty breathing | ▪ Sore throat |
| ▪ Fever (above 100.4 degrees) | ▪ New loss of taste or smell |
| ▪ Chills | ▪ Congestion or runny nose |
| ▪ Fatigue | ▪ Abdominal pain, nausea or vomiting |
| ▪ Muscle or body aches | ▪ Diarrhea |

- **If a participant has symptoms**, they should not participate in any LBYBA event.
- Contact your healthcare provider if symptoms persist.

LBYBA GAME SPECIFIC SAFETY GUIDELINES

TEAMS/GAME PLAY

- Players' bags and equipment will be lined up along the baseline (home team – 3rd, visiting team – 1st) spaced 6' apart. Players are encouraged to bring a chair, and sit in their chair when not participating in the game.
- Home team will warm up in LF, visiting team will warm up in RF.
- Each team will supply their own game balls to use in the field. Batting team may verify they are OK with the balls prior to putting them in play (i.e. no batting practice or beat-up baseballs).
- Baseballs should be sanitized between innings.
- The dugout should be used only for players on deck, or on double deck.
- Only players from the fielding team can retrieve foul balls. Fans may help locate, but should not pickup foul balls.
- Lake Bluff Park District restrooms will NOT be open.

COACHES/PLAYERS

- Each coach is required to have a mask on their person at all times during the game. Coaches should wear their mask when encountered with a situation where social distancing is impossible.
- Line-ups cards should be shared electronically, through email, text, or Game Changer.
- Players are encouraged to bring their own hand sanitizer and sanitize their hands between innings.
- Coaches should wear masks during a mound visit. All players must maintain 6' social distancing during a mound visit.
- No players should gather for celebrations. No high fives, fist bumps, etc.
- Players should not chew gum, sunflower seeds, or spit.
- Coaches may not enter the field of play to argue a call.

SPECTATORS

- Players and spectators will remain in their car until their coach arrives to the field.
- Visiting players and spectators will head directly to and occupy the first base side of the field; home team players and families will head directly to and occupy the third base side of the field.
- Spectators should not approach the field until the previous group has completely vacated the area.
- Spectators should gather down their team's baseline, out of the field of play, at least 20' away from the nearest player. The total size of each teams' group should not exceed 50 persons.]
- Families may it together, but all other groups should obey 6' social distancing.
- Spectators and players are encouraged to bring their own chairs.
- Spectators are not permitted behind home plate, and should not relocate or move from one side of the field to another.
- Once the game is complete, parents should wait at their cars for their players.

UMPIRES

- Umpire should work from the back of the pitcher's mound, no closer than 6' from the edge of the mound.
- Umpires are required to have a mask on their person at all times during the game. Umpires should wear their mask when encountered with a situation where social distancing is impossible.

POST GAME

- No postgame handshakes. Players should line up on their baseline 6' apart, and tip their caps to the other team as a sign of sportsmanship.
- Shared postgame snacks are prohibited.
- Teams should leave the field and dugout immediately following the game to clear the area before another group comes. Any post game meetings should occur off the field of play while obeying 6' social distancing.